JOURNEY WITH A GIANT

SLOW SCRIPTURE
BIBLE READING PLAN

LORI G. MELTON

"The giant journey is meant to be slow. It's intentionally called a walk … because walking—the pace at which Jesus moved—is the perfect speed to receive all that God has waiting for us." - *Journey with a Giant, pp. 43-44*

INTRODUCTION

So too, the Journey with a Giant Bible Reading Plan invites you to slow down.

Using a method I call Slow Scripture, we'll spend each week with a single verse—pondering, praying, and receiving from God's Word and letting the Holy Spirit transform us.

Our text for the year is Hebrews 11 and 12—the Hall of Faith and its glorious conclusion—where we meet the great cloud of witnesses and fix our eyes on Jesus.



HOW TO PRACTICE SLOW SCRIPTURE

Use this five-day rhythm (about 15 minutes per day) every week for each verse. Begin each session with a short prayer, inviting the Holy Spirit to teach you. In five-week months, continue with the next verse in order.

DAY 1

READ AND RECORD

Read the verse in several translations using the *YouVersion Bible app* or *BibleGateway.com* website. Choose the version you are most drawn to and copy it in your journal, capitalizing words that stand out. Leave blank lines to note differences or key phrases. Write the verse somewhere you can carry it with you—on an index card, in your planner, or on your phone.

DAY 2

REFLECT AND EXPLORE

Write the verse again, capitalizing, circling, or underlining words that stand out today. Look up a few of those words in a dictionary. Jot down questions about the verse, things that excite you and things that bother you.

DAY 3

LISTEN AND JOURNAL

Write the verse again. Review your notes from Day 2 and explore the answer to your questions in a Bible commentary on *BibleGateway.com* or *GotQuestions.org*. Jot down insights and references to other Bible verses you may want to look up later.

DAY 4

FOLLOW AND DISCOVER

Write the verse again. Review your notes from Day 3 and look up other verses (cross-references) that you jotted down or a topic that has been speaking to you. Journal what you discover or illustrate the verse creatively.

DAY 5

REMEMBER AND RESPOND

Write the verse once more, maybe even from memory. Spend your time today journaling the answers you sense arising in your spirit to these questions: "Lord, how does this verse speak to my journey—or to my giant?" And "Holy Spirit, what do You want me to see in this verse and carry with me?"

TOOLS FOR THE JOURNEY

- The Bible
- Your Journal
- Dictionary.com
- YouVersion Bible App
- GotQuestions.org
- BibleGateway.com



HEBREWS 11–12 READING PLAN

Start this reading plan any time of the year! Coordinate your weekly reading with the chapters in *Journey with a Giant.*

MONTH 1	**WEEK 1**	Hebrews 11:1
	WEEK 2	Hebrews 11:2
	WEEK 3	Hebrews 11:3
	WEEK 4	Hebrews 11:4
MONTH 2	**WEEK 1**	Hebrews 11:5
	WEEK 2	Hebrews 11:6
	WEEK 3	Hebrews 11:7
	WEEK 4	Hebrews 11:8
MONTH 3	**WEEK 1**	Hebrews 11:9
	WEEK 2	Hebrews 11:10
	WEEK 3	Hebrews 11:11
	WEEK 4	Hebrews 11:12
	WEEK 5	Hebrews 11:13
MONTH 4	**WEEK 1**	Hebrews 11:14
	WEEK 2	Hebrews 11:15
	WEEK 3	Hebrews 11:16
	WEEK 4	Hebrews 11:17
MONTH 5	**WEEK 1**	Hebrews 11:18
	WEEK 2	Hebrews 11:19
	WEEK 3	Hebrews 11:20
	WEEK 4	Hebrews 11:21
MONTH 6	**WEEK 1**	Hebrews 11:22
	WEEK 2	Hebrews 11:23
	WEEK 3	Hebrews 11:24
	WEEK 4	Hebrews 11:25
	WEEK 5	Hebrews 11:26
MONTH 7	**WEEK 1**	Hebrews 11:27
	WEEK 2	Hebrews 11:28
	WEEK 3	Hebrews 11:29
	WEEK 4	Hebrews 11:30
MONTH 8	**WEEK 1**	Hebrews 11:31
	WEEK 2	Hebrews 11:32
	WEEK 3	Hebrews 11:33
	WEEK 4	Hebrews 11:34
MONTH 9	**WEEK 1**	Hebrews 11:35
	WEEK 2	Hebrews 11:36
	WEEK 3	Hebrews 11:37
	WEEK 4	Hebrews 11:38
	WEEK 5	Hebrews 11:39-40
MONTH 10	**WEEK 1**	Hebrews 12:1
	WEEK 2	Hebrews 12:2
	WEEK 3	Hebrews 12:3
	WEEK 4	Hebrews 12:4
MONTH 11	**WEEK 1**	Hebrews 12:5
	WEEK 2	Hebrews 12:6
	WEEK 3	Hebrews 12:7
	WEEK 4	Hebrews 12:8
MONTH 12	**WEEK 1**	Hebrews 12:9
	WEEK 2	Hebrews 12:10
	WEEK 3	Hebrews 12:11
	WEEK 4	Reflection Week
	FINAL WEEK	Hebrews 12:1-2

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